

## Introduction

The Sunshine Series is a combination of races held by different clubs based in SE QLD including Downhill (DH), Olympic Cross Country (XCO) and 4hr Enduro Cross Country (XCE). In the DH Series, there are 5 rounds between May and August being held in various locations throughout SE QLD. Based on finish positions in each race, riders will accumulate points, and the rider with the most points being awarded the 'Series Champion'.

XCO Racing is in the tradition of the Olympic format. Riders compete around multiple laps of 4-6km course, normally racing between 45 minutes and 90 minutes, depending on the category.

Although it might sound tough, there is a category for everyone to participate in to match both skill and fitness. The race is a mass start with the first rider across the line declared the winner. Points are awarded based on position and the series winner is the rider with the most points.

## XCO Series

Cross Country (XCO)		
29 May	TRC	Adare
26 June	BSMC	Mt Cotton
17 July	DRCC	Samford
14 August	Kenmore CC	Mt Crosby

## Timetable

<b>7:00</b>	Registration
<b>7:00-7:45</b>	Practice
<b>8:00</b>	U11, U13
<b>8:30</b>	U17, Masters, Super Masters
<b>8:45</b>	U15, Sport, Women (except Elite)
<b>10:00</b>	Elite, U19, Veterans, Expert
<b>12:00</b>	Presentations

## Entry

Entry is available via pre-registration and registration on the day. Online registration will be via the online portal on the MTBA website ([www.mtba.asn.au](http://www.mtba.asn.au)) and will close at midnight on the Wednesday prior to racing. Offline registration will be available by printing the entry form off [www.kwt.net.au](http://www.kwt.net.au) and posting, faxing or emailing to the club prior to the event.

### Nomination Fees are:

- \$45 for all adult and U19 categories
- \$30 for U17 & U15 categories
- \$10 for U13 & U11 categories.

You can still enter on the day of the race, however entry closes 30 minutes prior to the race start and **an additional \$10 administration fee is payable.**

## Participation

The Sunshine Series has a number of different categories to suit most age, fitness and skill levels.

The following categories are available to participants:

Elite Male	90-105 Minutes
Elite Female	90-105 Minutes
Expert Male	90-105 Minutes
U19 Male	75-90 Minutes
Veterans Male (30+)	75-90 Minutes
Super Masters Male (50+)	60-75 Minutes
Masters Male (40+)	60-75 Minutes
U17 Male	60-75 Minutes
U17 Female	60-75 Minutes
U15 Male	45-60 Minutes
Sport Male	45-60 Minutes
Sport Female	45-60 Minutes
U11 Male	20-30 Minutes
U13 Male	20-30 Minutes
U13 Female	20-30 Minutes

## Age Classification

Classification for age based categories is age at 31<sup>st</sup> December 2011.

## Numbers

Race Numbers will be allocated according to your race category. The number plates also act as a memento and you can take it home after the day's racing.

## Plate Ranking

Number plates will be ranked against your current series points tally. For round 1, these will be based on results from the 2010 series. For subsequent rounds, these will be based on the cumulative 2011 points.

There will also be a clearly identifiable 'Leaders Plate' which will be awarded during the presentations and available for use at the next round only.

## Race Format

The race is a mass start group race. You will start with riders in your category from a common start line, although you will be arranged in a grid format based on your ranking. You will compete over a set number of laps of a course. Once the set number of laps is completed by the winner any rider lapped will be removed from the course but will still be awarded a result.

## Practice

Official Practice will take place between 7:00 and 7:45. You may enter the course up until the 7:45 cut-off and after this time, any rider practicing will face disqualification as racing is due to commence.

## Entry Fees

- Provided you **pre-register** online, by postage, fax or email by **Midnight** on the **Wednesday**

## Prize Monies

Prize money is paid to Elite Categories as follows:

Males		Females	
1 <sup>st</sup>	\$150	1 <sup>st</sup>	\$150
2 <sup>nd</sup>	\$120	2 <sup>nd</sup>	\$100
3 <sup>rd</sup>	\$100	3 <sup>rd</sup>	\$50
4 <sup>th</sup>	\$80		
5 <sup>th</sup>	\$60		

KWT Maxxis have donated prizes for all the other categories which may be supplemented by other prizes donated by club sponsors.

The KWT Maxxis prizes will be in the form of a 'cash voucher' you can then trade in at any of the participating sponsor shops.

MTBA medals will be awarded to all categories except 'Sport'.

## Presentations

Presentations take place as soon as possible after the racing. If you gain a podium place (1<sup>st</sup> - 3<sup>rd</sup>) please make sure you arrange to be at the presentations. It is seen to be very disrespectful to your fellow competitors if you do not make it. You can also thank your sponsors on the podium.

## Commisaires

There will be an MTBA accredited official in charge of racing. If you have any dispute about racing or problems on the day, please ask to speak with the commissaire or the Race Director.

## Equipment Requirements

Your bicycle needs to be suitably equipped for racing. This includes ensuring that you have:

- Front and rear brakes
- Bar plugs and/or lock-on collars

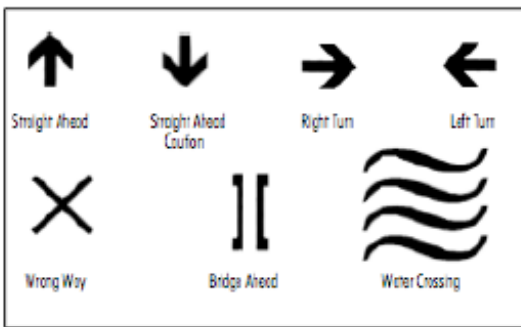
You also are required to wear a helmet compliant with the Australian or equivalent international standard. We also recommend the use of protective equipment, including but not limited to, full finger gloves and eyewear.

## Feed Zone and Outside Assistance

For riders competing in longer races, there will be a feed zone, generally located just after the Start/Finish line on each lap. You may collect or exchange drinks food and eyewear only. Other items such as tools, tubes, tires, pumps etc. may not be exchanged in the Feed Zone or anywhere else on the course. Accepting these items is considered Outside Assistance and riders doing so face disqualification.

## Course Markings

The course will be marked using the international standard signs as appropriate.



## Series Points

The tallied points and results will be available during the week following racing. The points are tallied according to the final position and are as follows:

Place	Points	Place	Points	Place	Points	Place	Points
1	80	11	20	21	10	31	4
2	65	12	19	22	9	32	4
3	55	13	18	23	8	33	4
4	48	14	17	24	7	34	5
5	43	15	16	25	6	35	4
6	38	16	15	26	5	36	3
7	33	17	14	27	5	37	3
8	29	18	13	28	5	38	3
9	25	19	12	29	5	39	3
10	22	20	11	30	5	40	3

# Round 1 - Adare

## Location

“Adare” homestead is located at the end of Adare Rd, about 10km North of Gatton township. This track is on private property and is **NOT** accessible outside raceday.

### From the North (Esk):

From Esk travel approx. 36 km along the Gatton-Esk Rd towards Gatton, then at the “Pohlman’s Nursery” sign turn Right in to Orchard Road.

Then follow final directions notes (below).

### From the East (Brisbane):

From Brisbane travel out the Warrego Highway towards Toowoomba. Take the Gatton exit but immediately follow road signs towards Esk. About 2 km along Gatton-Esk road, turn Left at the “Pohlman’s Nursery” sign into Orchard Road.

Then follow final directions notes (below).

### From the West (Toowoomba):

Travel along the Warrego Highway towards Brisbane. At the end of Gatton Bypass, exit north toward Esk.

About 2 km along Gatton-Esk road, turn Left at the “Pohlman’s Nursery” sign into Orchard Road.

Then follow final directions notes (below).

### Final Direction Notes:

1) Travel along Orchard Rd 700m then turn Left onto Redbank Creek Rd.

2) After 2.5km turn Right on to Adare Rd and then follow to end.

**Note: Proceed with Caution** on dirt road - Multiple blind corners and very narrow road at creek causeway and along private property road, and sections of rough and/or loose road surfaces.

3) Once at “Adare” follow signs and directions of parking marshals.



## **Course Description**

The Adare Course winds its way in and out around the Homestead Property. There are a number of short sharp climbs and sweeping descents which makes it a favourite amongst mountain bikers.

Starting out of the gate, you will climb a short fire road before experiencing the first of the single track, where you return down past the village and climb up again through '*Bleeding Gums Murphy*'. After summiting, you turn, down and ride '*Reds Railers*, before passing through the '*Bar Checker*' up '*Magic Carpet*' and into '*The Maze*'.

Exiting '*The Maze*' you have the long run up '*Erica's Old Fields*' and then ascend up to the ridgeline and along the infamous '*Death Cookies*' where only the best bike handlers will navigate through the rock formations and make their way down through '*Whitney's Wobbles*' and down into '*Frendo's Freeway*' back to the start line.

## **Other Information – Round 1 – Adare**

Practise will also be available to current MTBA Licence holders from 2:00-5:00PM on Saturday afternoon unless advised otherwise.

If you join TRC on race day (full payment required) we will waive your individual late entry fee.

The Riders Club (TRC) club contacts.

Web: [www.trc.org.au](http://www.trc.org.au)

Email: [info@trc.org.au](mailto:info@trc.org.au)

## Round 2 – Mt Cotton

Latest details at [www.bsmc.asn.au](http://www.bsmc.asn.au)

Online rego at <https://www.registernow.com.au/mtba/ERegister.aspx?E=677>

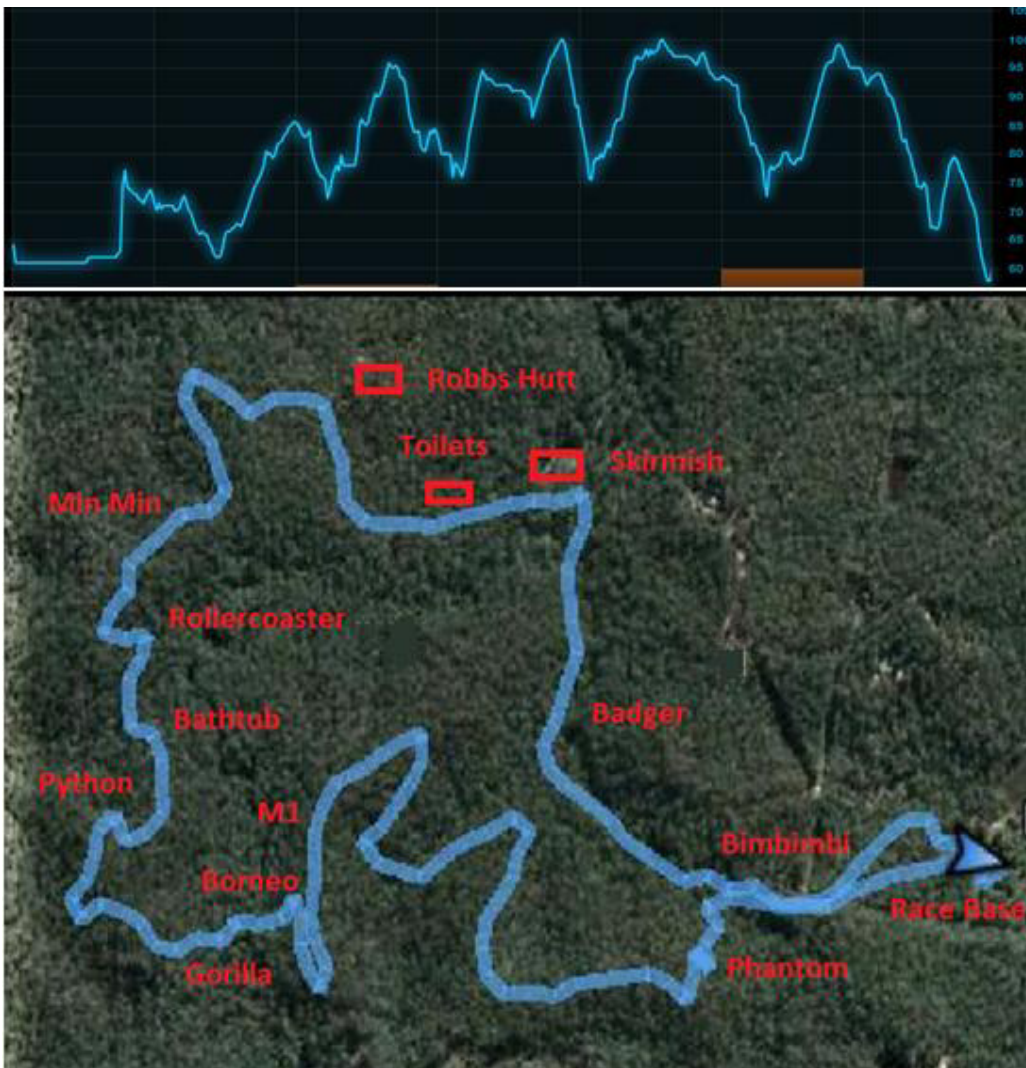
This track is on private property and is **NOT** accessible outside raceday.

### Location

Karingal Scout Camp is located at the end of Karingal Rd, about 1km south west of Sirromet Winery on Mt Cotton Rd. This track is on private property and is NOT accessible outside race day. Once at Karingal follow signs and directions of parking marshals.

### Course Description

The Karingal track has been built, maintained and used by the club for several years to run XCO and enduro events. In 2011 the XCO Sunshine Series track rides anti-clockwise and is 6.5km with 177m of elevation gain and 18% max gradient. It is more than 85% single track with enough fire road to refuel. There are some quite challenging sections (Bathtub, Gorilla and Phantom) and creek crossings (Borneo, Badger) which make it a very enjoyable loop.



# Round 3 – Samford

## Location

The venue is located on Cash Ave, Samford within Baden Powell Park

This track is on private property and is **NOT** accessible outside raceday.

### From the North:

Make your way through Albany Creek and join into Eaton's Crossing Road. When you reach the other end, turn left and continue into Samford Village, approximately 2.8km. When you reach the Village, slow to 50kmh and turn left at the Roundabout. As you reach the crest continue for 100m before turning left into Cash Ave. The property entrance is after 100m on your right. Please park in the Car Park area on the right after you pass the site office.

### From the South:

Take Samford Rd, outbound from the City. Pass through Ferny Grove, toward Samford. As you descend into the Village, you will see some of the course on your right, and when you reach the 60kmh sign, turn into Cash Ave on your right. The property entrance is after 100m on your right. Please park in the Car Park area on the right after you pass the site office.

## Course Description

The Samford Scouts track is arguably the shortest in this year's series. At just over 4km, it will provide some intense racing, not just in the Elite field.

You start adjacent to the creek and traverse through the Chernobyl Fields, a tribute to the Children lost in the tragedy. You then start the first of 4 major climbs, up behind the Charles Snow Conference centre and turn hard right down the fire road before entering into the first of the single tracks, the Kauri Creek Trail, where you traverse nicely along the contour.

Climbing out of the Kauri Creek trail, you hit the steepest of the climbs up to the Water Tanks, and enter into the Powerful Owl Trail, which runs along the ridgeline and down to the powerline climb. Upon reaching the summit, you receive views through the Samford Valley through to Wights Mountain, before hitting the super quick and drifty descent down to the Obstacle Course, where you traverse through pine tree grove, and return into the Beaver Trail.

The Beaver Trail will take you back along the creek with a short climb before exiting out past the Providore and into the Start/Finish.



# Round 4 – Mt Crosby

## Location

The venue is located at the end of Swensons Rd, Mt Crosby.

### From the City and North:

Travel along the Centenary Hwy and take the Moggill Rd exit. Turn towards Kenmore, and as you reach the Roundabout at Kenmore, veer left towards Moggill. Travel approximately 9km until turning right at Mt Crosby Rd. Continue along Mt Crosby Rd until you reach Wattle St, where you turn right. Follow Wattle St, until you reach the venue on the right hand side. Follow Parking Directions on arrival.

### From West (Ipswich) and South:

Travel along the Warrego Hwy until you reach the Karana Downs Mt Crosby exit. Take the exit and head towards Mt Crosby via College's Crossing (Check status of the crossing, otherwise head to Moggill Rd Exit of the Centenary Hwy and follow direction above). After passing through Mt Crosby, turn right towards Kenmore/City and continue along Mt Crosby Rd until you reach Wattle St, where you turn left. Follow Wattle St, until you reach the venue on the right hand side. Follow Parking Directions on arrival.

## Course Description

Mt Crosby is a very enjoyable course, which provides plenty of spectator friendly viewing close to the event centre. After starting out in the open paddock, you climb up and around through the back side of the property, where the only way home, is up and over the ridge. Upon ascending the ridge, you descend down through and into some flowing cow trails which meander their way around, always keeping an eye out for nasty rocks.

The second half of the track takes in some great single track, where you traverse around and drop down 'Snakes & Ladders' before completing the final climb up and onto the ridge for the final time. This is a point of great relief, as you descend down some technical single track, where even some of the best riders have been known to come unstuck.

After successfully descending down from the ridge, you get a quick splash in the upper reach of Kholo Creek and come into the finish.

